

## ANNUAL CARE PACKAGE

The ALDHA Care Program will deliver each Low Cost and Donation Only Hostel a package of items to help jumpstart their hiking season. The package will include the following items:

- Toilet Paper
- Paper Towels
- Cleaning Products
  - Soap
  - Shampoo
- Laundry Detergent



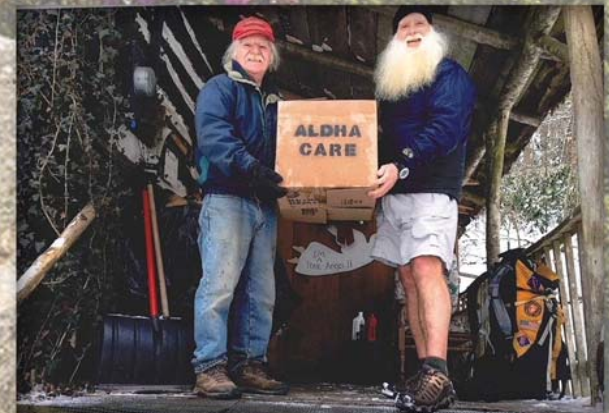
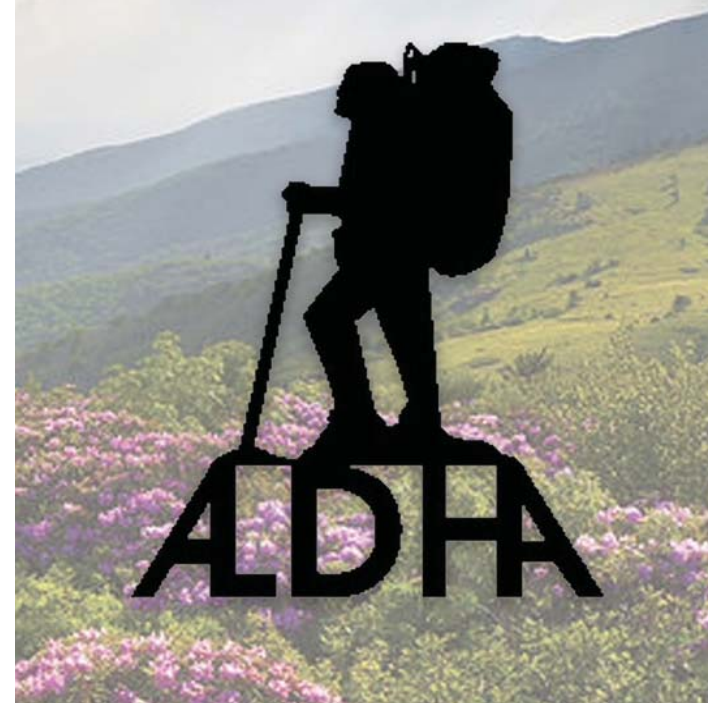
**SUPPORT  
OUTREACH  
PRESERVATION**

[www.aldha.org](http://www.aldha.org)



## ANNUAL SPRING CLEANING/MAINTENANCE

There are some Low Cost and Donation Only Hostels that are run on a shoe-string budget, and many are highly used during the peak hiker season. These Hostels rarely turn a profit, and are always in need of assistance; therefore ALDHA via the ALDHA Care Program will show their appreciation and support of these hostels with a Spring Cleaning and Maintenance Event.





## TRAIL MAINTENANCE

The ALDHA Care Program continues to put a high emphasis on the preservation of the Appalachian Trail. Working closely with Tennessee Eastman Hiking Club, first time trail volunteers will have an opportunity to maintain the trail and develop trail building skills that are valuable to the preservation of the trail.



## VOLUNTEER CARETAKERS

Many Low Cost / Donation Only Hostels on the Appalachian Trail are run on the "Honor System" in term of behavior, donation, payment and general upkeep of the facility. During peak hiking season, the ALDHA Care Program can provide Volunteer Caretakers who can help service providers during the peak hiker season, and also provide much needed assistance to the service providers that own the hostels.

## 2019 ALDHA CARE ITINERARY

DATE	LOCATION	HOSTEL	FUNCTION
3/1/19	Hampton, TN	Kincora Hostel	Care Package
3/5/19	Neels Gap, GA	Mountain Crossings	Care Package
3/5/19	Topton, GA	Nantahala Lodge	Care Package
3/6/19	Fontana Dam, GA	The Hike Inn	Care Package
3/6/19	Newport, TN	Standing Bear Hostel	Care Package
3/6/19	Hot Springs, NC	Laughin Bear Hostel	Care Package
3/19/19	Greeneville, TN	Hemlock Hollow Hostel	Care Package
3/19/19	Erwin, TN	Uncle Johny's Hostel	Care Package
3/19/19	Erwin, TN	Cantarossa Farm	Care Package
3/19/19	Bakersville, NC	Greasy Creek Hostel	Care Package
3/20/19	Roan Mountain, NC	Mountain Harbor	Care Package
3/20/19	Roan Mountain, NC	Vango Hostel	Care Package
3/21/19	Hampton, TN	Boots Off Hostel	Care Package
3/21/19	Hampton, TN	Dividing Ridge Campground	Care Package
3/21/19	Damascus, VA	Dave's at MRO	Care Package
3/21/19	Damascus, VA	Crazy Larry's Hostel	Care Package
3/21/19	Damascus, VA	Broken Fiddle Hostel	Care Package
3/21/19	Damascus, VA	Wodchuck Hostel	Care Package
4/4/19	Troutdale, VA	Baptist Church Hostel	Care Package
4/4/19	Bland, VA	Lick Skillet Hostel	Care Package
4/4/19	Pearisburg, VA	Woods Hole Hostel	Care Package
4/4-6/19	Bluemont, VA	Bears Den Hostel	ALDHA Spring Meeting
4/7/19	Catawba, VA	4 Pines Hostel	Care Package
4/7/19	Harpers Ferry, WV	Tea Horse Hostel	Care Package
4/7/19	Knoxville, MD	Harpers Ferry Hostel	Care Package
4/8/19	Front Royal, VA	Mountain Home Hostel	Care Package
4/11/19	Luray, VA	Open Arms Hostel	Care Package
4/11/19	Waynesboro, VA	Lutheran Church Hostel	Care Package
4/11/19	Waynesboro, VA	Hiker Pavilion	Clean/Make Repairs
6/11/19	Gardners, PA	AT Museum	Site Visit
6/11/19	Fayetteville, PA	Trail of Hope Hostel	Care Package
6/11/19	Delaware Water Gap	Church of the Mountain Hostel	Care Package
6/12/19	Salisbury, CT	Maria McCabe House	Care Package
6/12/19	Sharon, CT	Bearded Woods Hostel	Care Package
6/12/19	Manchester Center, VT	Green Mountain House	Care Package
6/12/19	Rutland, VT	Mad Hatter/Ma Buddah	Care Package
6/12/19	Killington, VT	Inn at Long Trail	Care Package
6/13/19	Glencliff, NH	Hikers Welcome Hostel	Care Package
6/13/19	Gorham, NH	White Birches Hostel	Care Package
6/13/19	Gorham, NH	The Barn	Care Package
6/13/19	Gorham, NH	White Mountain Lodge	Care Package
6/14/19	Andover, ME	The Cabin	Care Package
6/14/19	Millinocket, ME	The AT Lodge	Care Package
6/14/19	Gorham, NH	Shaw's Boarding House	Care Package

\*All Dates are subject to change

The ALDHA Care Program will provide assistance to Low Cost and Donation Only Hostels along the Appalachian Trail. Assistance to these Service Providers will be made available via financial support, organized maintenance/cleaning events, and by helping Low Cost/Donation Only Hostels with day to day operations during the peak hiker season.

