

## Trail Names & Abbreviations

ABT	Alabama Trail, AL
ACT	Annapurna Circuit Trail, Nepal
ADK	Adirondack 46, NY
ADT	American Discovery Trail, DE-CA
ALT	Allegheny Trail, WV
AND	Length of the Andes, SA
ART	Art Loeb Trail, NC
AT	Appalachian Trail, ME-GA
ATT	Abel-Tasman Track, NZ
AZT	Arizona Trail, AZ
BAR	Bay Area Ridge Trail, CA
BAT	Batona Trail, NJ
BATGC	Bright Angel Trail, AZ
BAY	Bay Circuit Trail, MA
BBNP	Big Bend National Park, TX
BBR	Backbone Route, Canada
BBT	Big Blue Trail, VA-WV
BCT	Big Creek Trail, ID
BFT	Black Forest Trail, PA
BIB	Bibbulmun Track, Australia
BKR	Baker Trail, PA
BMT	Benton MacKaye Trail, GA
BNRT	Buffalo National River Trail, AR
BP	Bucktail Path, PA
BRT	Bartram Trail, NC-GA
BRtr	Border Route Trail, MN-ON
BST	Bonneville Shoreline Trail, ID-UT
BT	Bruce Trail, Canada
BUT	Buckeye Trail, OH
BUW	Burren Way , Ireland
BWCA	Boundry Waters, MN
CAT	Catoctin Trail, MD
CCW	Coast-to-Coast Walk, England
CDT	Continental Divide Trail, NM-MT
CDW	Calderdale Way, England
CEN	Centennial Trail, SD
CFL	Big 360, FL
CHBT	Cape Hatteras Beach Trail, NC
CHL	Chilkoot Trail, USA-CA
CI	Cumberland Trail, TN
CINS	Cumberland Island, GA
CKT	Chuck Keiper Trail, PA
CL	Cranberry Lake 50, NY
CLT	Chief Ladiga Trail, AL
CLW	Cleveland Way, England
CO	C&O Canal Towpath, MD
COH	Cohos Trail, NH
COT	Conestoga Trail, PA
CP	Crawford Path, NH
CPT	Camino Portugues, Portugal-Spain
CRF	Costa Rica Rainforest, Costa Rica
CRT	Cross Rivendell Trail, VT-NH
CS	El Camino de Santiago, Spain

CT	Colorado Trail, CO
CTC	Coast to Coast, DE-CA
CTST	Corvalis To Sea Trail, OR
CUW	Cumbrian Way, England
CW	Cotswold Way, England
CWT	Cape Wrath Trail, Scotland
DHT	Donut Hole Trail, PA
DIW	Dingle Way, Ireland
DiW	Dingle Way, Ireland
DOT	Dawson Overland Trail, Canada
DRT	Duncan Ridge Trail, GA
DT	Darlington Trail, PA
DW	Dales Way, England
EC	Erie Canalway, NY
ECG	East Coast Greenway, ME-FL
ECST	East Coast Trail, Canada
ECT	Eastern Continental Trail, NA
ESC	Escalante Canyon, UT
EST	Elroy-Sparta Trail, WI
ET	Everest Trek, Nepal
FGT	Fiery Gizzard Trail, TN
FHT	Foothills Trail, SC
FLT	Finger Lakes Trail, NY
FT	Florida Trail, FL
FUJ	Mount Fuji, Japan
G.E.T.	Grand Enchantment Trail, AZ-NM
GAP	Great Allegheny Passage, MD-PA
GC	Grand Canyon, AZ
GDT	Great Divide Trail, Canada
GEA	Grande Excursion Apennines, Italy
GET	Great Eastern Trail, AL-NY
GGW	Great Glen Way, Scotland
GR10	Grande Randonnée Pyrenees, France
GR11	Spanish Pyrenees Trail, Spain
GR20	Grande Randonnée Corsica, Corsica
GR5	Grande Route Cinq, Europe
GRT	Greenbrier River Trail, WV
GSM	Great Smoky Mountains, NC-TN
GST	Greenland Summit Trails, Greenland
GSWW	Great South West Walk, Australia
GT	Greenbelt Trail, NY
GTNZ	Greenstone Track, NZ
HCP	High Country Pathway, MI
HDT	Hayduke Trail, UT-AZ
HHT	Hetch Hetchy Trail, CA
HIT	Highline Trail, AZ
HLT	Helambu - Langtang Trek, Nepal
HR	Haute Route, FR-CH
HST	High Sierra Trail, CA
HT	Horseshoe Trail, PA
HTNZ	Heaphy Track, NZ
HWP	Hadrian's Wall Path, England
IATNL	International A.T. Newfoundland and Labrador, Canada
IATSIA	International A.T., NA
ICE	Ice Age Trail, WI

ICT	Idaho Centennial Trail, ID
IMC	Illinois & Michigan Canal State Trail, IL
IMT	Iron Mountain Trail, TN-VA
INT	Israel National Trail, Israel
IR	Isle Royale, MI
IT	Inca Trail, Peru
JdFT	Juan de Fuca Trail, BC Canada
JMT	John Muir Trail, CA
JPS	John P. Saylor Trail, PA
KaT	Kalalau Trail, HI
KEK	Kekekabic Trail, MN
KEV	Key West to Everglades, FL
KILI	Kilimanjaro, Tanzania
KOT	Kokoda Trail, Papua New Guinea
KRT	Kesugi Ridge Trail , AK
KT	Knobstone Trail, IN
KTNZ	Kepler Track, NZ
KTY	Katy Trail, MO
KW	Kerry Way, Ireland
LBL	Land Between the Lakes, KY
LCT	Lost Coast Trail, CA
LHT	Laurel Highlands, PA
LMS	Little Miami Scenic Trail, OH
LOST	Lake Okeechobee Scenic Trail, FL
LOT	Loyalsock Trail, PA
LP	Long Path, NY
LR	Laugavegur Route, Iceland
LSH	Lone Star Hiking Trail, TX
LT	Long Trail, VT
LTT	Lost Turkey Trail, PA
MAT	Mattabesett Trail, CT
MDH	Maah Daah Hey, ND
MDT	Mason-Dixon Trail, PA
MET	Metacomet Trail, CT
MFSR	Middle Fork Salmon River Trail, ID
Mick	Mickelson Trail, SD
MKC	Mount Kenya Circuit, Kenya
MMT	Metacomet-Monadnock Trail, CT-NH
MMW	Macmillan Way West, England
MRT	Mississippi River Trail, TN
MSG	Monadnock-Sunapee Greenway, NH
MSMA	Midstate Trail, MA
MSPA	Mid State Trail, PA
MSS	Michigan Shore-to-Shore Trail, MI
MT	Milford Track, NZ
MTS	Mountains to the Sea Trail, NC
NBT	North Bend Trail, WV
NCT	North Country Trail, ND-NY
NET	New England Trail, CT-NH
NKD	Nordkalottleden Trail, NO-SE-FI
NPT	Northville-Placid Trail, NY
NRT	New River Trail, VA
NST	North-South Trail, RI
NT	Natchez Trace, MS-TN
OCH	Oil Creek Hiking Trail, PA

OCT	Oregon Coast Trail, OR
ODP	Offa's Dike Path, Wales
OHT	Ozark Highlands Trail, AR
OLP	Old Loggers Path, PA
OST	Oregon Skyline Trail, OR
OT	Ocala Trail, FL
OTA	Overland Track, Australia
OTM	Ozark Trail, MO
OUT	Ouachita Trail, AR
PAL	Palmetto Trail, SC
PC	Torres del Paine Circuit, Chile
PCH	Pinchot Trail, PA
PCP	Pembrokeshire Coast Path, Wales
PCT	Pacific Crest Trail, CA-WA
PHR	Pyrenees High Route, Spain
PMP	Pokhara-Muktinath Pilgrimage, Nepal
PMT	Pine Mountain Trail, GA
PNT	Pacific Northwest Trail, WA-MT
PRNL	Pictured Rocks National Lakeshore Trail, MI
PT	Pinhoti Trail, AL-GA
PW	Pennine Way, England
QCT	Queen Charlotte Track, New Zealand
QT	Quehanna Trail, PA
R2R	Rim to Rim, Grand Canyon, AZ
RFT	Robert Frost Trail, MA
RID	Rideau Trail, Canada
RKT	Rakiura Track, New Zealand
ROK	Ring of Kerry Trail, Ireland
RRT	Rogue River Trail, OR
RT	Routeburn Track, NZ
RTR	River to River Trail, IL
RW	Ridgeway National Trail, England
SCT	Silver Comet Trail, GA
SCW	St. Cuthbert's Way, Scotland
SDW	South Downs Way, England
SE	Les Sentiers de L'Estrée, Canada
SHKU	Shikoku Pilgrimage, Japan
SHR	Sierra High Route, CO
SHT	Superior Hiking Trail, MN
SKT	South Kaibab Trail, AZ
SP	Shikoku Pilgrimage, Japan
SRK	Sunapee Ragged Kearsarge Greenway, NH
SST	Standing Stone Trail
ST	Sheltowee Trace, KY-TN
STS	Susquehannock Trail System, PA
SUW	Southern Upland Way, Scotland
SWCP	S.W. Coast Path, England
TAC	Taconic Crest Trail, MA-NY
TCT	Teton Crest Trail, WY
TecT	Tecumseh Trail, IN
TGAC	Tongariro Alpine Crossing, New Zealand
TLW	The Lycian Way, Turkey
TMB	Le Tour du Mont Blanc, Europe
TMW	Two Moors Way, England
TRA	Trans America, USA

TRT	Tahoe Rim Trail, CA-NV
TSTS	Thunderswamp Trail System, PA
TT	Tuscarora Trail, PA-VA
TWT	Warner Trail, MA-RI
TYT	Tahoe-Yosemite Trail, CA
UT	Uhwarrie Trail, NC
VCT	Virginia Creeper Trail, VA
VIA	Via Alpina Trails, Europe
WCT	West Coast Trail, BC Canada
WHW	West Highland Way, Scotland
WPT	Wapack Trail, MA-NH
WR	West Rim, PA
WRR	Wind River Range, WY
WS	Western States Trail, CA
WT	Wonderland Trail, WA
WTA	Warrior Trail, PA-WV
WUT	Western Uplands Trail, Canada
WW	Wicklow Way, Ireland
YRT	Youghioghney River Trail, PA
YT	Yukon Trail, Canada
YY	Yellowstone to Yukon, USA
ZM	Zurich to Munich, Europe