

The 20th Gathering



of the Appalachian Long Distance Hikers Association, Hanover, N.H.

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'ALDHA News That Fits We Print'

Summer 2001

ALDHA marks big milestones at Hanover '01

TWENTY YEARS AGO, hikers whose common thread was the pathway known as the Appalachian Trail gathered for a weekend of fun, fellowship and food in southern West Virginia.

A few months later, feeding on the positive feelings of that weekend, the Appalachian Long Distance Hikers Association was born and the Gathering became an annual tradition in the hiking world.

Hopefully, when you come to Hanover next month, you will see quite a few familiar faces, including some of the folks who were at the first Gathering in 1982. We are inviting as many original attendees as we can find, as well as all past coordinators and board members.

We'll blow out the candles on a birthday cake at the contra dance Saturday night, and we'll have a special toast at the campfire back at the tenting area.

The program will include the usual great lineup of workshops and slide shows — more than we had last year — and we'll introduce the inaugural edition of what we hope will be an annual Gathering event, the Ed Garvey Memorial Storytelling Hour.

Leading off the entertainment on Friday night will be Brooks Williams, a singer-songwriter we hope you'll welcome to this, his first Gathering.

Walkin' Jim Stoltz will return on Saturday evening with a performance that includes spectacular photographs from some of his more than 25,000 miles of walking over nearly 30 years.

During the weekend, we'll take time to mark two decades of Gatherings with a skit by Frank Krajcovic. And taking a bow at the annual business meeting Sunday will be some of our earliest members.

We'll gather as a group Saturday, right after lunch, for Warren Doyle's annual rendition of Trail Jeopardy. This year, in addition to his usual lineup of trail-related trivia he will toss in questions culled from ALDHA's archives.

Immediately after that event, while we have you all in one spot, we'll pose for our annual group picture.

Wrapping things up on Sunday night will be three inspirational slide shows by members taking us on trips from the Continental Divide to Antarctica to the Appalachian Trail.



Brooks Williams



On Oct. 1, 1921, an article appeared in an obscure periodical for professional planners that called for a footpath along the crest of the Appalachians. Exactly 80 years later, we will celebrate the author and his visionary call for what we know today as the Appalachian Trail.

Museum holds first-ever symposium at Gathering

At this year's Gathering, we're going to hear from the man who first dreamed up the idea of the Appalachian Trail — we're going to be visited by Benton MacKaye himself.

Yes, that's right! We'll get a chance to see and hear MacKaye walk and talk. Yes, he passed away in the mid-1970s, but before he died, he was interviewed on film for a presentation that was shown at that year's biennial meeting of the Appalachian Trail Conference.

In the film he talks about the soul of the Trail, and it's that quote that we will hear during the Gathering.

Helping us to learn more about MacKaye will be his biographer, Larry Anderson of Rhode Island, who will give a talk on Saturday afternoon about the events in MacKaye's life that led up to MacKaye's formal proposal to create a continuous footpath along the crest of the Appalachians.

The publication of that idea was in October 1921, and the 80th anniversary occurs during the very week of our Gathering.

While Anderson's book is not due out until next year, he will share some of the insights into MacKaye's background that he has culled from several years of research.

"I think the Gathering may be interested in hearing about some of MacKaye's hikes and adventures in the mountains and forests of New England in the late 1890s and early 1900s," Anderson says. "But I can also link that to the personal, professional, intellectual and political events of his life in the years just before 1921. As you can imagine, there's no shortage of material."

Anderson's talk is being co-sponsored by the Appalachian Trail Museum as its first official symposium. Museum officials hope to offer a symposium every year from this point on.

Program features new and old



Help us blow out the candles on a birthday cake for ALDHA. Contact "Ramblin' Rose" Goss at (517) 769-6067 and volunteer to bake a 9-by-13 sheet cake and bring it to the Hanover Gathering. We'll frost it there and serve it during the Contra Dance.

Tentative schedule of events

Friday, Oct. 5, 2001

Noon to 5 Registration at campsites
6-7 Registration at Cook Aud.
7-8:15 Opening Session at Cook
 Introduction & Welcome
 Class Years
 Testimonials
8:15-8:30 Intermission
8:30-10:30 Concert by Brooks Williams
10:30-11 Orientation of newcomers
10:30-12 Registration at Cook Aud.
11-1 Campfire, Storrs Pond
1 a.m. Quiet Hours

Saturday, Oct. 6, 2001

7-8 Steering Committee
8:30-1 Registration at Hiker Fair
9-5 Hiker Fair, Thayer Hall
9-10:15 1st Round of workshops,
 slide shows, forums
10:30-12 2nd Round of workshops,
 slide shows, forums
12-1 Lunch hour
1-2 Trail Jeopardy Contest,
 followed by group photo
2:30-4:30 3rd Round of workshops,
 slide shows, forums
2:30-4:30 Benton MacKaye Symposium
 at Cook Auditorium
2:30-5 Registration at Hiker Fair
5-6 Dinner hour
7-8:45 Walkin' Jim Stoltz and his
 multi-media concert at Cook

9-12 Contra Dance, middle school
 (At intermission, we'll light
 our 20th birthday cake.)
9-1 Campfire (and a birthday
 toast to ALDHA) at Storrs

Sunday, Oct. 7, 2001

6:30 Cliff Jump
7-7:30 Sunrise service
8-9:15 4th Round of workshops
8-9:30 Registration at Cook Aud.
9:30-12 Annual Business Meeting
 Election of Officers
 20th Anniversary Celebration
 Presentation of Awards
12-1 Lunch break
 Steering Committee
1-2:15 5th Round of workshops
2:30-4:30 6th Round of workshops
4:30-6 Dinner hour
6:30-9 Closing Program
 ■ "Antarctica" slide show by
 Will Richard
 ■ "Across the Great Divide"
 by Cindy Ross and Family
 ■ "25,000 Miles on the A.T."
 by Warren Doyle

Monday, Oct. 8, 2001

9-on ALDHA Work Trip
 Members taking part in the
 work stay at Ravine Lodge
 and pay only for meals.

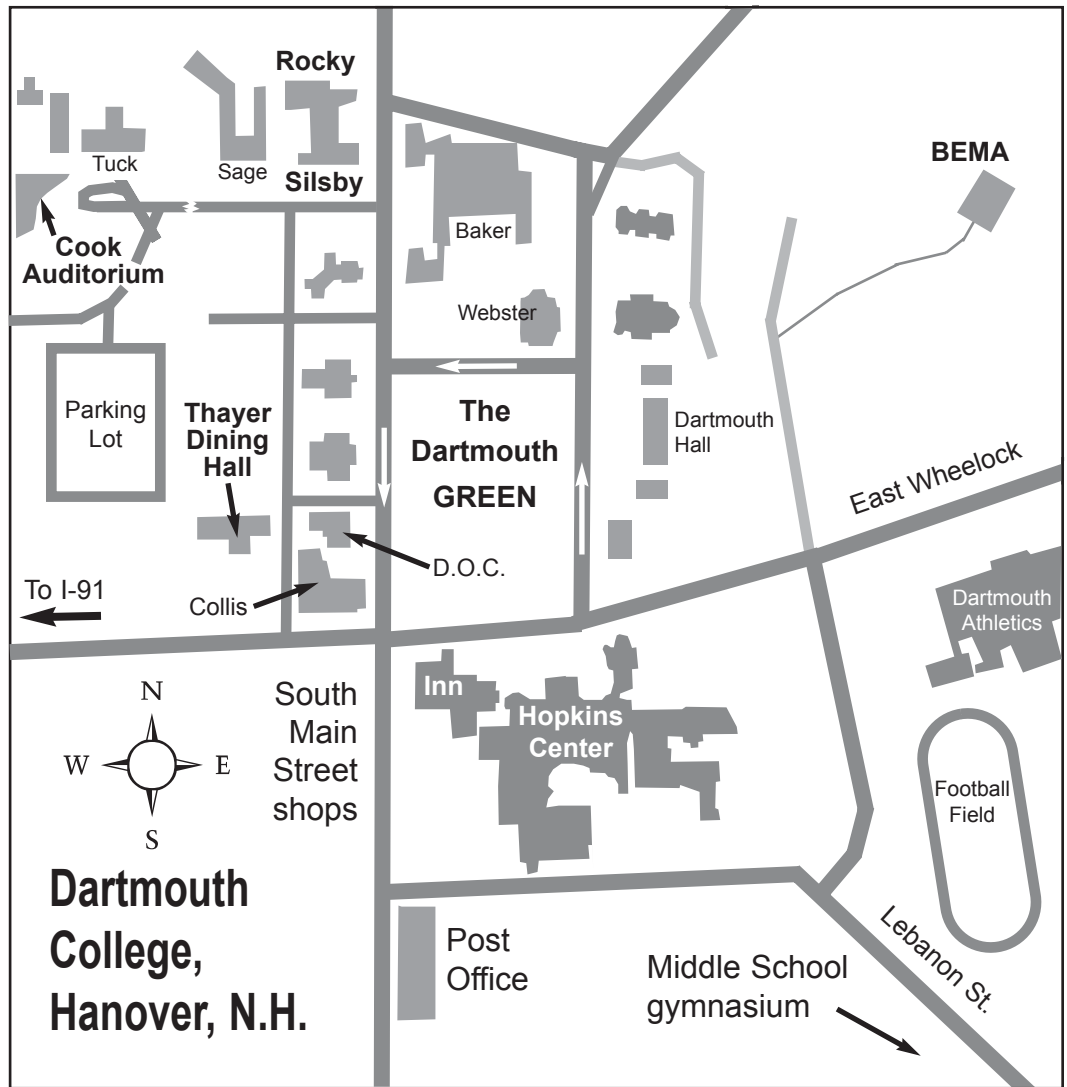
Trail workshops

A.T. Dreamers by the class of 2001
A.T. Workshop by Warren Doyle
Will I see a Bear? (And Other Frequently Asked Questions) by Jack Tarlin
The Foothills Trail of South Carolina by Don & Jean Arthur
Continental Divide Trail workshop w/slides by David "White Root" Patterson
The John Muir Trail of California w/slides by Stacey Mikkalsen
The Monadnock-Sunapee Greenway, Patricia Turner, Don Vickery and Brian Hobart
Day Hiking in the Canadian Rockies by Allmuth Perzel
Trekking in New Zealand w/slides by Karen Berger and Dan Smith
The Bartram Trail in North Carolina by Henry Edwards
The Pennine Way in England by Richard Greve
The Tuscarora Trail & Allegheny Trail w/slides by "Chase" Davidson and Cindy Miller
The Cohos Trail in New Hampshire by Kim Robert Nilsen
Hiking in France by Todd & Cindy Taska
Raised That Way: Backpacking the Long Trail with Children by Tom, Connor & Cole McGinnis
The International A.T. w/slides by Suzanne Goulet
The International A.T. by Henry Edwards
The GR-20 in Corsica w/slides by Suzanne Goulet
The Wonderland Trail of Washington state w/slides by Nancy Lake
The Centennial Trail of South Dakota w/slides Richard Sklar (and the Maah Daah Trail)
The Colorado Trail w/slides David "Wahoola" Jones
Alternate Paths: Thru-hikes of 250 Miles or Less by Melanie Simmerman
Hiking the Eastern Continental Trail by Nimblewill Nomad with music by Jan Benschop

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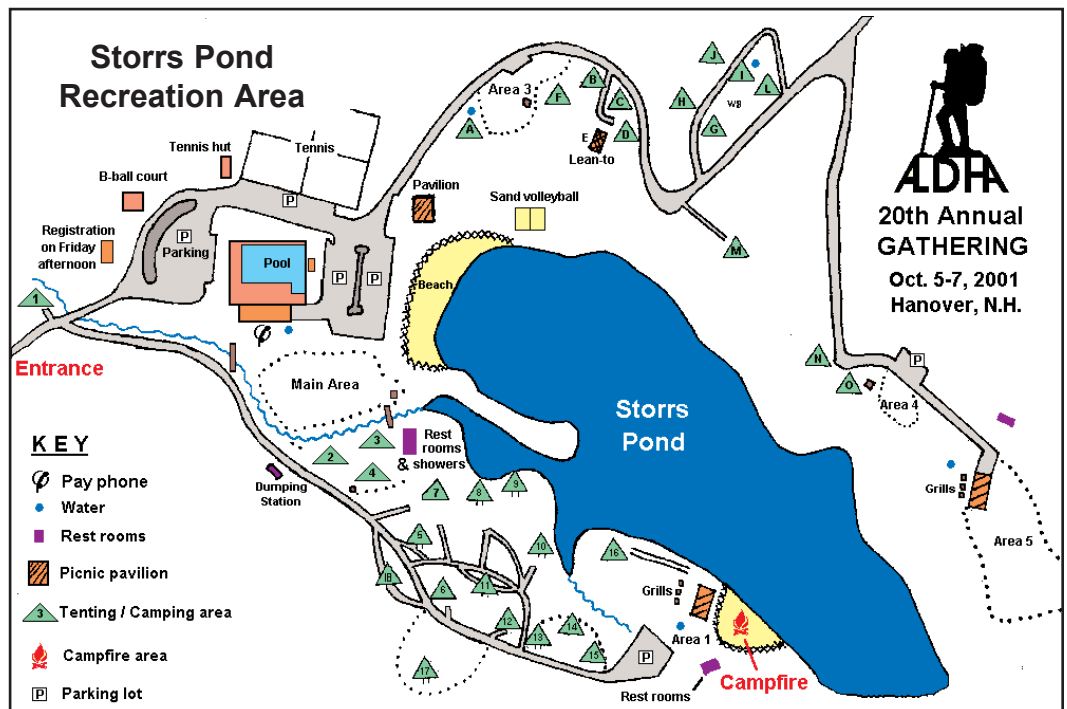
Trail topics

- Hiker Food & Recipe Database** by Ken Wilkert
- Defining the A.T. Experience** by J.T. Horn, ATC regional representative
- Medical Issues** w/slides by Dr. Gary Buffington
- Lightweight Backpacking** by John O'Mahoney
- Lightweight Backpacking** by Cesar Becera, Maud Dillingham
- The Trail Experience** by Laurie Potteiger
- Women and Hiking** by Susan Gail Arey
- Bear Bagging Hands-on Demo** by George Woodward
- Nutrition** by Sue Spring
- Food for Backpackers** by Stacey Mikkalsen
- Making the Trail Woman Friendly** by Susan Gail Arey
- Trail Issues** by Stacey Mikkalsen
- Volunteer Vacations** by Richard Greve
- Winter Alternatives on the A.T.** by Richard Greve
- From Journal to Manuscript** by Robert Rubin
- "Thorough Hiking" the A.T.** by Maud Dillingham and Cesar Becerra
- Wilderness Medicine** by David Gwinn
- Hiking With Toddlers** by Jason Lang & Germaine Chapman (and their folks)
- Maldrops: Pennies from Heaven** by Karen Sousa



Slides/videos

- Mount Washington** slide show by Richard Bailey
- 25,000 miles on A.T.** w/slides by Warren Doyle
- 1985 A.T. Thru-Hike** by Raven
- Trail Stories** by Warren Doyle
- Isle Royale Park** slide show by Raven
- "Circle of Dreams"** video, talk by Warren Doyle
- A.T. Slide Show** by Mike Henderson
- Peaks for Progress** video by Cesar Becera and Maud Dillingham



ADA
 20th Annual
 GATHERING
 Oct. 5-7, 2001
 Hanover, N.H.

All roads eventually lead to ALDHA

To Hanover

From Interstate 91

From the North or South: Get to Interstate 91 and take Exit 13 in Norwich, Vt., and head east on Vt. Route 10A toward the Connecticut River. Cross the river into Hanover, where road becomes East Wheelock Street.

Storrs Pond Recreation Area (campground)

Check your odometer at the Dartmouth Green and keep going straight on East Wheelock Street. At mile 0.4, turn left at a traffic light onto Route 10 North. At mile 0.65, bear right at traffic light onto Route 10 North, heading toward Lyme. Continue on this road until mile 1.55, then turn right onto Reservoir Road just before the Mobil gas station. At mile 2.20, turn left into Storrs Pond Recreation Area and follow signs down the hill, past a guardhouse, to campground.

From the Boston area

Take I-93 North to I-89 North at Concord, N.H. Get off I-89 at Exit 18 in Lebanon, N.H., onto Route 120. A sign says that it is the exit for Dartmouth College. Bear right off the exit, heading north on Route 120 into Hanover.

In 4.1 miles from the exit, Route 120 forks at a traffic light. Bear right at the fork, following Route 120 one-half mile on South Park Street to the second traffic light. Turn left at the light, onto East Wheelock Street. Follow East Wheelock for four-tenths of a mile, when you will come to the Dartmouth Green on your right.

Ride board

On our Web site, located at <http://www.aldha.org/>, we have posted a ride board for folks to leave messages either seeking

a rider or seeking a ride.

If you would like to get yourself on that list, call Bill O'Brien at (203) 235-3702 during the afternoon and I will post your information with my e-mail address for replies. If anyone responds, I'll be happy to call you with the info on how to get in touch with the other person.

Public transit

■ **By plane:** Lebanon (N.H.) Municipal Airport, 10 miles from the Dartmouth campus, is served by several daily flights from New York (LaGuardia), Boston (Logan) and Philadelphia International airports. Consult your travel agent for connection information. Manchester, N.H., Airport is 90 minutes south, with bus service to Hanover from Manchester.

■ **By train:** Amtrak's "Vermont" service from Washington and New York arrives daily in nearby White River Junction, Vt. Consult your nearest Amtrak agent for information.

■ **By bus:** Vermont Transit (802-295-3011) has several

buses from various points arriving daily in White River Junction, Vt., with connections to the Dartmouth campus. Call for information. Dartmouth Coach (603-448-2800) offers daily service between the Dartmouth campus and Boston's South Station and Logan Airport and occasional service between Dartmouth and the Manchester, N.H., airport. Call for information.

Campus parking

Anyone familiar with Dartmouth knows what it's like trying to find a parking space.

We are working with the Dartmouth Outing Club in trying to get permission for ALDHA members to park in any lot. We may have to issue special tags to be placed on your dashboard.

But this was not resolved at press time, so if heading straight to campus, be aware of that. We'll have the info available at the registration desk at the campground on Friday afternoon.

If parking passes are required, they'll be in your regis-

tration packet.

There are public lots in the center of town, behind the main street, but they may have parking meters. The spaces along the main business strip, South Main Street, are metered.

Carpool it

When traveling to and from the campsites, consider the benefits of carpooling! It would help ease the parking situation on campus, and it would make the Earth a nicer planet.

Things to bring

■ **Earplugs:** Never leave home without them, especially if sleeping in the middle of a large contingent of hikers.

■ **Coffee cup:** We'll provide the coffee and tea, but we'd rather not buy paper cups. That's where you come in.

■ **Bug dope:** The first case of West Nile virus was found in a mosquito this summer in N.H. They may still be active in fall.

■ **Apples:** The 2001 apple-tasting contest will take place at the Hiker Fair Saturday. So bring along your state's finest.

